



UNEARTHING YOUR "GIVING" GEMS

Write as many things responding to the question as occur to you. Don't think too long, just write. No one's going to be reviewing your work or grading you, so let it all hang out. The goal is excavation. I recommend printing this out and writing your answers with a pen or pencil.

1. What topic do you know so well that you could easily speak about it to someone for hours without notes? Any topic, work-related or personal.

2. What were some hard experiences in your life, and what did you learn from them?

3. What special training or unique life experience do you have?

4. What kinds of advice do people ask you for?

5. What adjectives do people you love use to describe you to others?

6. What are your favorite hobbies?

7. What are your biggest achievements—list as many as you like.